



Coaching Development Group – Meeting Minutes

25th June 2019

Attendees: Mary Cutts (Chair), Mark Corti, Wally Shave, Ian Dann, Catherine Ayling, Ewan Simmonds, John Simmonds, Mark Harris, Ben Day

Apologies: Rob Davis, Annie Davis, Paul French

Course Dates:

Generally the courses are going very well. Since Mark asked for more dates another 5 have been put in the diary. It would be useful for there to be some 4x evening sessions as these are more suitable for children.

Mark and Annie ran the first BC Explore Award, this went very well, concentrating on independent paddling. They also trialled signing up online, which also worked well.

Mark C has struggled to change the booking sheets so payment must be taken at booking, therefore this is on hold for the time being.

Beginners courses –

27/06 & 04/07 (S3/ 4) – Annie – 4 week course

19/07 – Mary – 1 Day

21/07 – Paul F. – 1 Day

03/08 – John and Ewan – 1 Day

10/08 – John and Ewan – 1 Day

04/09 – Mark C. – 4 Week Course

07/09 – Alan N. – 1 Day

Other Courses –

13/07 – FSRT – Lee

13/07 – Playboat in the pool – Lee – run by Sam Heaton – £5 per session to cover Sam's costs. Max 6 per session. – *Mark C. Agreed to help set up online booking for this and the other playboat sessions.*

20/07 – Aquatic First Aid – Lee

21/07 & 28/07 – Playboat at the club – Lee – Run by Sam Heaton

17/08 – Introduction to moving water – Mary – Must be either BCU 2*/ BC Explore or similar ability

- Asked for another coach to help – Mark C agreed.

Kids Club – Not being run this year due to problems with coaches, and getting participants.

Other Dates:

29&30 /06 – Leeds Castle Triathlon – Mark H. – Now has enough people helping.

06/07 – R.Stour trip – Annie

16/7 &17/7 – St. Lukes Explorers

27/07 – Maidstone River Festival – Concern that the Medway Marathon was happening on this day, but on 28/07 Tonbridge CC organising. CDG had to cancel a course running on this date, because this wasn't in the calendar until 2 weeks ago.

11/08 – Kentish Stour – Lee

17/08 – Open Day

Discussion

Exe & Barle Weekend – Is this happening this year? Geoff used to run it but was keen to give it to some of the other coaches to run. Not in the calendar. Discussion that it would be good as after the introduction to WW in September, *John S. happy to coach on it. Mary C. possibly free. Mary to e-mail Geoff.*

Coaching of Racers - There has been some debate through E-mails about the coaching surrounding the racers. It has been noted by coaches, racers and other members that there is very little support and encouragement for those new to racing/ K boats to start in this side of the sport. This has included in the last few months a well-seasoned GP paddler not getting any help on 2 occasions of wanting to come and learn, other newer people not being given any coaching and either having to learn for themselves or not starting at all. There seems to be no progression for those who want to learn K boats.

The majority of the Coaches at MCC are made up of GP canoeists, who would not feel confident or have the skills to coach K boats. It was felt that coaching of K boats needs to come from within the racing team, due to this.

It was felt that the coaches could not encourage new people into K-boats until this support becomes available.

There is funding available to help with the cost of coaching courses if k- boaters are interested in this.

New Coaches – Are there any paddlers who would be interested in becoming coaches. *Ben Day – is already a L1 coach but needs to update his first aid and watch a course. Ian Dann – another L1 coach needs to do his first aid, John S – knows 2x people interested in becoming coaches, Catherine Ayling is doing her FSRT and then looking to become a coach, Lee said possibly Paul Fife.*

Equipment

- Make sure boats are locked up after sessions

- Lee has ordered helmets for coaching courses, but is waiting on the order – Palm have no stock.
- Floating glasses straps have been bought and are in the filing cabinets – *John S. to mark them up*
- Lee is aware the new Ethos's haven't yet been marked up
- 2x Dynamo Spraydecks have been destroyed as they have become unsafe.

AOB –

Wally – Are new session plans on the web yet? *Mary – still to do*

Lee – Please can coaches make sure numbered boats go in the right slots and that they are emptied after use.

- Pool sessions – worried numbers are too low at times, asked John to make up some leaflets, Boat cleaning possibly too far in advance for some. Also Saturday eve. Mark C feels it's not an advertising issue. John S – the committee supports the pool sessions.

Mark C – Thanks to Lee for running a really good peer paddle.

John – Wants to get into WW leading – Booked himself and Ewan on a WW Leader training course.

Ben – Interested in running coaching from open canoes.

Peer Coaching – 13th August 2019 - Introduction to K Boats – Run by Ian Dann and Catherine Ayeling - 6-7:30pm

Next Meeting - 13th August 2019 -7:30 – 9:00pm