



Coaching Development Group – Meeting Minutes

13th August 2019

Attendees: Mary Cutts (Chair), Ian Dann, Mark Corti, Paul French, Annie Davis, John Simmonds, Catherine Ayling

Apologies: Rob Davis, Wally Shave, Ewan Simmonds

Course Dates:

The courses have been a great success this year, with only a few more on the calendar they are winding down. With many of our courses now completed over one day, these are not suitable for children. We do still need courses which are 4x sessions.

Beginners courses –

04/09/19 – 4x Sessions – Mark Corti

07/09/19 – 1 Day – Alan Nevard

John & Ewan to put forward another date

Other Courses –

Introduction to moving water -17/08/19 – Mary C - Cancelled due to lack of interest.

Introduction to Canoeing 26/08/19 – Annie D – Thinking of cancelling due to lack of interest.

Introduction to WW/ WW improvers – 7-9/9/19 – Mark. C, Mary C, Paul .F

Explore Award – 21/09/19 & 05/10 – Mark and Annie

Lee has no other courses scheduled at this time.

Other Dates:

Open day – any helpers?

Discussion

It had been mentioned in an e-mail discussion and between others that some members felt that the beginners courses weren't fit for purpose as participants were still unable to paddle in a straight line by the end of them - The CDG feels these comments are unnecessary and undermining the amount of effort that is put into coaching by the team. We have to remember that all coaches are volunteers and comments such as these make the team feel unappreciated.

Members should also recognise that beginners coming from the course will only have undertaken 8 hours of coaching, and should still be seen as a beginner, and be given the necessary help by more experienced members of the club.

Lack of uptake on discipline specific courses

The coaching team has organised a number of discipline specific courses and progression courses throughout the year (including introduction to sea kayaking, Introduction to moving water and WW, Playboating, BC Explore Award), but many of these have had a poor uptake or have been cancelled due to their uptake. Discussion surrounded are members aware of the courses available, we should be advertising in a number of ways, via the website and facebook, but maybe posters too. It was thought that maybe we are running the wrong types of courses and this is not actually what members want. *Survey to be undertaken on what members are interested in, what are the barriers for doing this. MC to make.*

K boats on the beginners course

Tonight Catherine and Ian ran an excellent peer paddle with some input from Bryn. We looked at utilising K boats during the beginners course on session 3. As discussed session 3 is a place to experiment and experience a number of different boats, but that is all. A brief insight.

It was discussed that there is no reason why a K boat coach could not run their own beginners course if they wanted to.

Discipline Specific Courses and Improvement

After a large amount of previous discussion about progression within the racing team. The CDG wants to make itself clear with regards to who should be coaching disciplines.

“Coaches who partake in a discipline (racing, touring, SUP, Whitewater, Canoeing, Sea Kayaking) should be the ones to coach in those disciplines. There should be no expectation for those who are not proficient to coach to a higher level, nor is there any expectation that coaches must run courses.

That said if we want members to join the discipline specific parts of the club and bring new people on, coaches need to be available and spend some time doing this.

Equipment

Helmets – Have been bought, some new ones for general club use and some separated out for courses.

Lockers are going to be used for storing course specific equipment and key put in the keysafe.

The cags are useful for colder days and on long day courses.

AOB –

JS – Mentioned a member who had a 5/6 yr old daughter would we be prepared to let her come out in a Canadian canoe. The CDG want's to encourage younger people, but it was felt that this is a

lot of responsibility on a coach especially as the member in question is new to the club. It was felt 8yrs old is a good starting age and one which other clubs and centres use.

Next Meeting

Thursday 3rd October 2019

7:30pm

With a paddle beforehand. 6pm