

This is the program for a one week Paddling in Bulgaria.

Saturday May 25<sup>th</sup> to Saturday June 1<sup>st</sup> 2013

Return flight to Sofia at the moment is £100 - £150

Day 1-Arrival in Sofia. Depends on the arrival time we can visit Sofia the capital town of Bulgaria.

After that transfer to B&B close to River Iskar about 40 miles drive.

Day 2 – Paddle River Iskar is grade 2 – 3. Slipping in B&B £10per night.

Day 3Transfer and Paddle River Beli Vid grade – 3 or River Cherni Vid grade 4. Depending on the water levels.

Day 4 –Paddle River Struma grade 3 – 4

Day 5 - We can do Sight Seeing or Paddle.

Transfer to Rodopi Mountains to River Arda.

Day 6 – Paddle River Arda Grade 3 – 4.

We will have river guide. He will be with us all the time at the price £45 per day

He knows the rivers and water levels very well and has a good experience. He can advise us the best options for paddling.

I will attach his details.

Our river guide will supply van 6 seater and Driver to drive us around for £45 per day

This is the Info about the Guide.

My name is Stanimir Chavdarov Stanimirov - 41 years old. I have graduated National Sports Academy in Bulgaria with specialty alpinism, so I do work with ropes and safety. I have a certificate for graduated white water safety and rescue course in the Pragues Sport University (in the attached file I am sending it to you).

I have experience as a kayaker - about 20 years, I have kayaked in Bulgaria, Austria, Slovenia, Albania, Bosnia and Hercegovina, Montenegro, Greece, France, Nepal, Russia, Costa Rica. I was with my female rafting team in the WRC in Bosnia (2009) on river Vrbas and in Costa Rica (2011) on river Pacuare. The usual rivers I do kayak are 4-5 grade. I have experience as an organizer for the safety team in Bulgarian national rafting championship and Bulgarian national kayak championship. I have a rafting centre in Bulgaria and do work as a rafting guide during our season.

Breakdown of the expenses:

Flights	£150 or less
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Courier for the Boats and Gear – Return	£ 50
Guide + Van + Driver £15 per day based on 6 people	£100
B&B £10 per night	£ 60
TOTAL	About £360

Average prices in Bulgaria for a meal £5, Beer £1.

We have to decide as soon as possible to have better deal on the flight tickets.

Any questions please ask.

Videos of some of the Rivers

River Struma:

<http://www.youtube.com/watch?v=xarx7VfMK8E>

<http://www.youtube.com/watch?v=UbkeGQ7iZXY>

River Arda:

<http://www.youtube.com/watch?v=86WMfItHoPE>

[http://www.youtube.com/watch?feature=player\\_embedded&v=xTiU-iNitFs](http://www.youtube.com/watch?feature=player_embedded&v=xTiU-iNitFs)

River Rilska:

<http://www.youtube.com/watch?v=-v0PkbeAUNI>