

Coaches' Meeting

9th May 2012

Introduction

Bill explained that Coaching group had been formed following request at AGM.

Apologies

Paul Newman, Pete Barton, Pete Taylor

Present

Bill, Steve Ansty, Paul Tucker, Mike, Richard, Andrea, Lee, Niki, Tom, Dean

MCC Paddlers record card and/or BCU Qualifications and Progression

Lee talked about Paddlepower awards, a scheme aimed at younger paddlers (up to 14/16years old). Progress is recorded on a card (needs purchasing). Done over a period of time. Paddlepower Passport = £2.50 each

Should the club have a stock of these?

Passports are equivalent to star awards. Extension activities available beyond 2 star level. These lead onto more specialised skills.

We could offer time at end of session to get things ticked off.

The coaching group agreed to adopt the Paddlesport scheme for youngsters up to the age of 16.

We need to get coaches qualified to assess Paddlesport certificates.

We then discussed adult paddlers – what do we want to teach them? We discussed the structure of coaching. We need to suggest what to teach to keep people safe.

Can cover basic safety so everyone knows what they need to do to keep them safe. We could put key points on back of progress card.

It was suggested to make a progress card for new adults to show what they need to do to keep safe and what they need to learn to aim for star awards. This should be aimed at everyone who wants to take membership.

Exposing newcomers to different boats/taster sessions.

BCU state people can have 4 taster sessions before needing to join the club – letter March 2012

As Norman has said he is happy to take beginners, there was a suggestion that coaches should focus on moving on intermediate paddlers.

We could have a mini demo day to try all the club boats – either a specific event or just at the end of Sunday or perhaps a fun day.

Coaching skills – offer each other support.

Paul needs Paddlesport awards assessed.

Use younger paddlers like Tom to support coaching and move towards becoming a coach.

Introduction to white water

Investigate using the Stour at Chartham as a venue and also downstream on the Medway. Check out Huntingdon Weir – would need permission.

Away days

Exploring suggestion of one away trip a month. Still need provide cover for taster sessions at club.

There is a Joint Club paddle with WAM, Pirates MCC on 7th July 2012.

There is a trip to the Washburn on 8/9/10th June 2012

The Maidstone Marathon to East Farleigh and back (five miles) is on 17th June. Could we organise a Fun Day and barbecue? It is cheaper to register beforehand.

Lesson plans

Does anyone want lesson plans?

Rolling skills

Rolling lessons have been asked for. We need to provide help at pool sessions where possible. The importance of learning support strokes and sculling on both sides was stressed.

FRST

Steve is qualified FSRT provider. We need to move our intermediates on. Encourage people to take WWS&R when appropriate.

Girls only paddle

Niki wants to organise a Women and Girls day. We can use the Bell boat, kayaks, canoes, racing boats, K4, K2 and have a barbecue. Need to confirm date.

Fun Sessions

Scouts, cubs, other groups.

Lots of paperwork for little financial return.

No-one prepared to take on organising it

AOB

Coaches – Level 1 Suzy and Tom wanting to go for it

Suzy can do for £35 through Army cadets on River Dee

We could give lessons for paddlers off the water: what to wear, what to carry in boat, types of paddle, food and drink etc

Meeting closed 8pm.