

# Minutes of the Coaching Development Group Meeting

29<sup>th</sup> March 2018



Thank you to Andrea, Mark, Steve, Richard and Bill for coming.

We discussed course dates and content, First Aid training, DBS, kit wish list, a level 1 coaching course and BCU terminology.

We still think that the series of four lessons is a good way to deliver the one star course.

## Course dates

Lee has booked two star and three star canoe training courses which means that canoes will be required on eleven different dates. Lee is going to do tandem work when the canoes are required by coaches delivering one star courses in a day, so there will be two canoes available. Changing weeks around may be required for courses being delivered over a longer period of time.

The following course dates were offered:

Saturday - April 14th - 10am to 4pm - Mark H with Andrea assisting  
Saturday - April 21st - 10am to 4pm - Andrea  
Saturday - May 12th - 10am to 4pm - Bill and Niki  
Saturday - June 2nd - 10am to 4pm - Andrea  
Saturday - June 16th - 9.30am to 4.30pm - Alan (over 12s only)  
Saturday - June 30th - 10am to 4pm - Andrea  
Saturday - August 4th - 9am to 4.30pm - Alan (over 12s only)  
Saturday - August 18th by - 10am to 4pm - Andrea

Please make sure that your course starts and ends at the times you have given.

## DBS and First Aid

Please will all coaches check that their DBS and First Aid course are up to date. Coaches also need to keep their coaching qualification up to date. If you need a First Aid course, Lee may be able to run one for us.

We discussed running another level 1 coaching course at the club. We would pay for club members to do the course in exchange for helping on a course and running a course. This was very successful last year and gave the club five new coaches and a profit. We would open up any spare spaces to outsiders.

## Wish list

Steve C is happy to run stand-up paddleboard courses, but we need a couple more SUPs to make this work. We could also do with another sit-on-top. These are great for people who are scared of being trapped in a kayak and would make a good addition for week 3 sessions and open days.

## BCU terminology

We believe that a level 1 coach is now known as a 'paddlesport instructor'. We had mixed feelings as to whether this sounded as good as a level 1 coach.

Please email Niki with any course dates you are able to add to the above.

The next meeting will start with a peer paddle. It will focus on week 3 and give everyone an opportunity to have a go at using any craft they are less confident in coaching. We will get out SUPs, a K1 and a K2 as well as the usual kayaks and canoes. We didn't set a date, so I'm going to propose Monday 23rd April at 6pm for the peer paddle and 7.30 ish for the meeting.

Finally, as most of you will be aware from the AGM, Bill and Niki are moving to York in the summer, so this group will need a new person to lead it. If you are interested please let Niki know.