



## Coaching Development Group – Meeting Minutes

30<sup>th</sup> April 2019

**Attendees:** Mary Cutts (Chair), Lee Horton, Paul French, Mark Harris, Ian Dann, Mark Corti, John Simmonds, Annie Davis, Steve Chinn, Richard Clarke, Catherine Ayling (supporting Lee H.)

**Apologies:** Rob Davis, Wally Shave

### Course Dates:

Beginners courses – We have 2 courses running, but need more dates. We are happy to have 1 day, 2x ½ day or 4x evening courses. Whatever suits the coach. *Coaches to get back to Mark C. on availability.*

Annie has given dates, but needs another experienced paddler to help with rescues.

### Other Courses

Refresher sessions – Alan Nevard has one of these soon.

Paul F – good feedback from his refresher sessions. He ran a couple of hrs for 3 people max. Coaching stroke transitions.

Introduction to Sea Kayaking – Rob Davies – No interest in this so far. Date clashes with other trips on the calendar.

Explorer Award – Annie and Mark – Have 4/10 participants, hoping may get a few more from beginner courses.

Touring award – Lee

FSRT - Lee

### Other Dates:

Thomas Aveling – Lee is already coaching them GCSE Kayaking on Tuesdays, but they want another day, for those who can't to Tuesdays. The teacher has yet to give a start date or times for this. The coaches felt they couldn't commit unless there were specific dates and times laid out.

Scout Sessions – Need 2x Coaches for 13<sup>th</sup> May and 20<sup>th</sup> May – Mark C. said he could do the 20<sup>th</sup>.

Maidstone Marathon – 12/5 – please Help

Open Day – 25/5

Leeds Castle Triathlon – no dates as yet

WW Coaching – Intro to moving water (August), Intro into WW (September) – Participants must be of 2\* standard.

## Discussion

Experienced Paddler Rota – For Sundays – A point of contact for new paddlers to the club. Steve C has done a lot of this in the past, but now because he goes out on his SUP it is not as easy for him. *Mark C. to organise a rota.*

Peer Paddles – Evenings before CDG meetings – CDG is happy to continue with these. 6-7:30pm

Ideas: K Boats, Sea kayaks, Games, SUP, Forward Paddling (30/5) , Rescues (25/6 – Lee to organise)

## Equipment

Arethusa Auction – *Mary to send catalogue to John S.*

Helmets – were discussed again and the need for a small amount of better quality kit to be used for coaching only and not be mixed up with the general club kit.

Sit-on-top has been sourced. – *Lee Horton*

## AOB –

Paul French – Spraydeck Capsizes need practicing, something that could be done in the pool sessions. *Tell beginners via the newsletter.*

Lee Horton – There is an equipment logbook for reporting any faults -in the boat store. Lee was concerned that Coaches weren't getting enough rescue practice. Mary explained that we have covered this during peer paddles every season. *Lee to run the Rescue Peer Paddle on 25/6.*

Ian Dann – First Aid has run out – *Ian to liaise with lee.*

Annie – Has become the British Canoeing S.E. Region Paddleability Rep – Well Done Annie.

## Next Meeting

30<sup>th</sup> May 2019 – 19:30