



Site-Specific Endorsement for Level 1 Coaches / Paddlesport Inst.
To be delivered by minimum of a BCU L2 coach, BCU (UKCC) Level 2 Coach before BCU (UKCC) L1 coaches or BC Paddlesport Instructors unsupervised.

(Pre-2008 - Old BCU Level 1 coaches are not to work unsupervised)

- The Club's risk assessments will always be followed.
- The Club's session plans will always be followed.
- The Club's Child Protection and Vulnerable Adults policy will always be followed.
- Coaches will always model good practice.
- Knives should not be on display (Keep them in your buoyancy aid rather than attached to the outside.)
- Warn paddlers about the risks from Giant Hogweed and Weil's Disease and the importance of hand washing.
- Be aware of moving vehicles in the car park.
- Carry boats in pairs where possible.
- Set boundaries for your group when you are doing activities. Be aware of the wind and flow and the potential difficulties for paddlers getting back upstream. Think also about the temperature and what your group are wearing. In poorer weather, it may be better to stay closer to the clubhouse. Remember that it is easier to get a capsized paddler out of the water downstream that it is if you head towards the town.
- Point out the Medway specific hazards, for example: rowers, racers, boats of all sizes, fishermen, trees, swans, people who may throw stones on bridges...
- Point out the drop to the jetty from the bank and the gap behind the jetty. Control the number of people on the jetty at any one time. Ensure that anyone going onto the jetty is dressed appropriately. Demonstrate how to empty a boat effectively and warn about the weight of kayak full of water.
- No jumping from the bank during coached sessions.
- When using the Stand Up Paddleboards, ask paddlers to kneel or lie down as they approach the jetty. Buoyancy aids and leashes are to be worn during coached sessions.
- Teach your paddlers to paddle on the right.
- Look out for fishing lines and move out to avoid these where possible. Most people who are fishing will respond politely if spoken to politely. Very occasionally, there are people who may be unpleasant. If you feel threatened, move your group away and report the incident to our Community Officer, if it seems appropriate. The phone number is on the board in the clubhouse.
- The extent of the range for Level 1 coaches / Paddlesport Instructors using river running kayaks is between the Malta Inn and East Farleigh. Keep clear of the moving water near weirs and locks – these are not suitable areas for coaching.
- All coaches are reminded to follow the session plans. Be aware that capsizing in the pool session is an acceptable alternative for BC Discover Award. Just let a pool

coach know that it needs ticking off.

- Child Protection – while it is paramount that we protect children and vulnerable adults, think also about protecting yourself and be mindful in situations that could be misinterpreted, especially in the changing rooms.
- Coaches at this level MUST have observed at least 1 beginners course prior to running them themselves. (Advised for all coaches)
- Coaches must keep their MCC DBS, CPD and First Aid up to date. It's strongly recommended to join the CDG mailing list and come along to the paddles & meetings if you're able to – this will help keep you up-to-date on latest Club news, best practice, etc. as well as counting for CPD.

I _____ agree that I have read the relevant Club risk assessments and that I will follow the above guidelines when coaching unsupervised at Maidstone Canoe Club.

Signed - BCU (UKCC) Level 1 Coach/ BC Instructor (Delete as Appropriate)	Name	Date

I _____ have delivered the above and am happy for the above BCU (UKCC) Level 1 Coach/ BC Instructor to work unsupervised within their remit at Maidstone Canoe Club in the following craft:

Canoe: Y / N Kayak: Y / N SUP: Y / N K1/K2: Y / N

Signed – Higher Qualified MCC Coach	Name	Date
Coaching Qualification:	BC Membership number:	

Signed (Level 2+ coach)

Name (Level 2+ coach)

