



MAIDSTONE  
CANOE  
CLUB

Proudly presents:-

# CUCKMERE VALLEY TIDAL TOUR (10 miles)

**Sunday 27th September 2015**

Arrangements:-

**Meet at the MCC Clubhouse in time to depart at 8.00am. (Note early start!)**

Drive in convoy to Seven Sisters Country Park, Exeat, Sussex.

OS Landranger Map No 199 GR519995. Estimated arrival 09:30am. It will be necessary to pay for parking but charges are unknown. (Expect to need lots of coins)

Launch onto the Oxbow Lake and paddle approx ½ km to the tidal River Cuckmere at Exeat Bridge GR514994.

Portage over embankment onto tidal river. Note: Information suggests that in order to have tidal assistance inland to Alfriston, it is necessary to get on the water here 1½ hours before high tide, High Tide today is 11:03am so we will be here marginally behind time (estimate 09:45am).

Paddle inland to a point just beyond Alfriston (GR524036) where we will disembark and picnic while we wait for the tide to turn. (Arrive approx 11:00/11:30am – Depart when current allows, 12:30/1:00pm)

Return to Seven Sisters Car Park (estimated arrival 2:30pm)

Return to MCC Clubhouse (estimated arrival 4:00pm)

All with ability to paddle a 10 mile tour on flat water welcome. Touring kayaks especially suitable but general purpose kayaks will be acceptable. Please bring packed lunch and wear suitable windproof/waterproof clothing.

For further information please contact Norman Brooks on Tel. No. 01634 241350, e-mail: [normanwbrooks@yahoo.co.uk](mailto:normanwbrooks@yahoo.co.uk) or contact any MCC Committee Member

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