

MAIDSTONE CANOE CLUB

Proudly presents:-

## CUCKMERE VALLEY TIDAL TOUR (10 miles)

## **Sunday 2nd October 2016**

Arrangements:-

## Meet at the MCC Clubhouse in time to depart at 9.00am. (Note early start!)

Drive in convoy to Seven Sisters Country Park, Exeat, Sussex. OS Landranger Map No 199 GR519995. Estimated arrival 10:30am. It will be necessary to pay for parking but charges are unknown. (Expect to need lots of coins)

Launch onto the Oxbow Lake and paddle approx <sup>1</sup>/<sub>2</sub> km to the tidal River Cuckmere at Exeat Bridge GR514994.

Portage over embankment onto tidal river. Note: Information suggests that in order to have tidal assistance inland to Alfriston, it is necessary to get on the water here  $1\frac{1}{2}$  to 2 hours before high tide, High Tide today is 12:45pm so we will aim to be here by 11:00am).

Paddle inland to a point just beyond Alfriston (GR524036) where we will disembark and picnic while we wait for the tide to turn. (Arrive approx 12:30pm – Depart when current allows, 2:00/2:30pm)

Return to Seven Sisters Car Park (estimated arrival 4:00pm) Return to MCC Clubhouse (estimated arrival 5:30pm)

All with ability to paddle a 10 mile tour on flat water welcome. Touring kayaks especially suitable but general purpose kayaks will be acceptable. Please bring packed lunch and wear suitable windproof/waterproof clothing.

For further information please contact Norman Brooks on Tel. No. 01634 241350, e-mail: <u>normanwbrooks@yahoo.co.uk</u> or contact any MCC Committee Member